

## **Nut Butter: A Gathering Recipe**

### **Ingredients:**

1 cup of pecans, walnuts, or hickory nuts

### **Instructions:**

Using a mortar and pestle or a food processor, grind the nuts into a paste.

If it isn't sweet enough, add a little honey.

Use nut butter like you would use margarine, butter, or peanut butter.

Do not use acorns.

